

May 8, 2025

TO: Boys Track Coach & Athletic Director
Aurora (A. Christian), Dakota, Elgin (Harvest Christian Academy), Elgin (St. Edward),
Forreston [Coop], Hebron (Alden-H.), Hinckley (H.-Big Rock), Oregon, Rockford
(Lutheran), Rockford (R. Christian), Schaumburg (S. Christian), Shabbona (Indian
Creek), South Beloit, Winnebago, Woodstock (Marian)

FROM: Mike Lawton, Activities Director – Oregon HS

**SUBJECT: BOYS CLASS 1A SECTIONAL TRACK MEET AT OREGON
HIGH SCHOOL ON FRIDAY, MAY 23, 2025 - 4:00 P.M.**

1. Your school has been assigned to the Boys Class 1A Sectional Meet at Oregon. The IHSA Online Entry is **due via www.athletic.net no later than 11:59 PM Sunday, May 18.** If your school does not enter athletes by this deadline, the IHSA may assign penalties ranging from athletes being ineligible to financial penalty/fine being assessed to a school.
2. **Sectional Seeding Meeting -- Will be held Tuesday, May 20** at 7:00 p.m. via Zoom video call. A link will be sent to each participating school AD & head coach at the e-mail address listed on the IHSA website. As per terms and conditions, schools are not required to attend the virtual seed meeting. A roll call will be held at 7:01 pm for all schools in attendance.
3. Each participating school may enter no more than two (2) individuals per individual event and no more than 1 relay team when completing their list of participants. No more than eight (8) to be entered as runners or alternates in the relays.
4. Coaches may change or decrease the total number of INDIVIDUAL entries submitted on-line during the virtual sectional seed meeting. Changes to relays are not permissible after the list of participant deadline. **Any changes to individual entries must be made prior to 6:45pm on the day of the seed meeting. Changes should be e-mailed to mlawton@ocusd.net**
5. At the seed meeting, prior to all event seeds or heat sheets being distributed, for relay events only, coaches can opt to change a relay time to a slower seed time that what was automatically populated by athletic.net. Individual event seed times/marks automatically populated by athletic.net may not be adjusted.
6. No substitutions or changes shall be permitted in any events after the Sectional Seeding Meeting, except in individual events, in cases of a substitution made at the scratch meeting, prior to the start of the meet, made because of school disciplinary reasons, a death in the athlete's immediate family, or a disabling illness or injury to an entered contestant. Each substitute situation must be certified by either the high school principal or attending physician to the Sectional manager. This does not apply to relay runners.
7. The Terms and Conditions require each school to provide a qualified adult volunteer to assist with the running of the meet. A form is enclosed to request a worker location, please return prior to the seed meeting. Every attempt will be made to accommodate your request, however worker spots are not guaranteed.

8. Admission – Cost of admission *set by the IHSA is \$8.00* per person and will need to be purchased through GoFan. The link to purchase is: <https://gofan.co/event/3600196?schoolId=IL13623> . This link can be shared for your fans to purchase tickets prior to arrival. **Cash admission fee is \$9.00.**
9. T-Shirts – T-Shirts and meet gear will be available for purchase while supplies last through Lightning Graphics (set up just outside entry gate)
10. Weather – All competitors must report to the Sectional meet on Friday, May 19 regardless of weather conditions. The meet will proceed unless the weather presents a safety hazard to competitors.
11. Bus Parking – All buses should park in the elementary bus lane on Jefferson Street (after 3:30 PM) or in the OHS student parking lot behind Oregon High School. Busses may NOT park in the Blackhawk Center lot. Please note that elementary dismissal is 3:05 PM so the area will be congested at that time.
12. Games Committee – Four coaches will be selected to serve on the Games Committee for the Sectional at the Seeding Meeting.
13. An Athletic Trainer from Athletico will be available.
14. Weigh-ins for the Pole Vault, will take place in the Blackhawk Center garage beginning at 3:10pm. Shot put and discus inspection will take place in the bottom area of the EAST press box.
15. Coaches Meeting/Scratch Meeting – All coaches should report for the scratch meeting and final instructions at 3:30 pm at the finish line.
16. Facilities Description – Oregon has an updated 8 lane, all weather track. Athletes may use ¼” or shorter spikes on all surfaces. The use of tennis ball halves will be permitted for relay exchanges. Chalk, tape, or bean bags will not be allowed on the track surface or runways.
17. Flash Timing FT-FAT system will be used
18. Long/Triple Jump is located on south side of facility behind scoreboard
19. Shot/Discus is located in the southeast area of the facility
20. Pole Vault is located behind east bleachers
21. High Jump is located on the South endzone of the stadium
22. Oregon High School will be closed and there will be no access to locker rooms.
23. All non-competing athletes should be outside the oval and fenced area at all times. Please keep all athletes/spectators off the infield.

*** PLEASE READ ALL IHSA TERMS AND CONDITIONS REGARDING THE SECTIONAL***

OREGON HIGH SCHOOL
BOYS CLASS 1A SECTIONAL TRACK MEET
Friday, May 23, 2025
4:00 P.M.

WORKER ASSIGNMENT SHEET

Please e-mail to mlawton@ocusd.net by 12:00 noon on Tuesday, May 20th so we can announce worker assignment sheets at the seeding meeting Tuesday night. (5/20)

NAME OF SCHOOL_____

HEAD COACH_____

Cell Phone #_____

NAME OF THE ADULT WHO WILL AID IN RUNNING THE MEET: (Please note "1" or "2" to indicate preference. We will attempt to place each person in his/her choice; however some will be assigned to other positions.)

Name of worker

() SHOT PUT _____

() DISCUS _____

() HIGH JUMP _____

() LONG JUMP _____

() TRIPLE JUMP _____

() POLE VAULT _____

IHSA CLASS 1A OREGON BOYS SECTIONAL MEET SCHEDULE

3:30 Scratch Meeting

4:00	ALL FIELD EVENTS	CLASS 1A
		<u>STATE QUALIFYING TIME/DIST.</u>
	Discus: Southeast Corner (best first)	43.05m (141-3)
	Shot Put: Southeast (best last)	14.37m (47-2)
	Long Jump: South End (best last)	6.35m (20-10)
	Triple Jump: South End (best first)	12.54m (41-2)
	High Jump: South End	1.85m (6-1)
	Pole Vault: East Side behind bleachers	3.70m (12-2)

5:45 National Anthem

ALL RUNNING EVENTS – FINALS

4 x 800m (3200m) Relay	8:33.28
4 x 100m (400m) Relay	:44.33
3200 M Run	10:12.64
110 High Hurdles	:16.26
100 M Dash	:11.24
800 M Run	2:01.53
4 x 200m (800m) Relay	1:33.09
400 M Dash	:51.92
300 IM Hurdles	:42.73
1600 M Run	4:37.35
200 M Dash	:23.03
4 x 400m (1600m) Relay	3:33.66

Advancement to State Finals: First and Second place event finishers and athletes/teams who meet qualifying standards above

TICKET LINK: <https://gofan.co/event/3600196?schoolId=IL13623>